

Hawaiian Licks

Frozen Vegan Dessert

Flavor Data Sheet: Rum Raisin

Description:

Organic flame raisins soaked in dark rum with hamakua vanilla mixed in our creamy coconut base.

Ingredients:

Coconut Milk, Organic Cane Sugar, Coconut Cream, Organic Flame Raisins, Dark Rum, Hamakua Vanilla Extract, Ground Hamakua Vanilla Bean, Sea Salt

Nutrition Facts	
Serving size	1/2 cup
Amount per serving	
Calories	209
	% Daily Value*
Total Fat 13g	20%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 67mg	3%
Total Carbohydrate 22g	7%
Dietary Fiber 0g	0%
Total Sugars 20g	
Protein 1g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

16oz Pint



8oz

