

Hawaiian Licks

Frozen Vegan Dessert

Flavor Data Sheet: Pumpkin Pie

Description:

Slow roasted local kabocha squash with our special pumpkin pie spice blend of cinnamon, cloves, cardamom, nutmeg, ginger and allspice

Ingredients:

Coconut Milk, Organic Cane Sugar, Kabocha Squash Puree, Spices (cinnamon, cloves, cardamom, nutmeg, ginger, allspice), Vanilla Extract, Sea Salt

Nutrition Facts	
Serving size	1/2 cup
Amount per serving	
Calories	234
	% Daily Value*
Total Fat 13g	20%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 117mg	5%
Total Carbohydrate 22g	7%
Dietary Fiber .5g	2%
Total Sugars 19g	
Protein 1g	
Vitamin A	35%
Vitamin C	2%
Calcium	.5%
Iron	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

16oz Pint



8oz Half Pint

