

# Hawaiian Licks

Frozen Vegan Dessert

## Flavor Data Sheet: Pumpkin Chip

### Description:

Slow roasted local kabocha squash with our special pumpkin pie spice blend of cinnamon, cloves, cardamom, nutmeg, ginger and allspice with vegan dark chocolate chips and chopped walnuts

### Ingredients:

Coconut Milk, Organic Cane Sugar, Kabocha Squash Puree, Chocolate Chips (unsweetened chocolate, cane Sugar), Walnuts, Spices (cinnamon, cloves, cardamom, nutmeg, ginger, allspice), Vanilla Extract, Sea Salt

Nutrition Facts	
<b>Serving size</b>	1/2 cup
<b>Amount per serving</b>	
<b>Calories</b>	<b>294</b>
	<small>% Daily Value*</small>
<b>Total Fat</b> 19g	<b>29%</b>
Saturated Fat 9g	<b>45%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0g	<b>0%</b>
<b>Sodium</b> 117mg	<b>5%</b>
<b>Total Carbohydrate</b> 27g	<b>7%</b>
Dietary Fiber 1.5g	<b>6%</b>
Total Sugars 21g	
<b>Protein</b> 2g	
Vitamin A	<b>35%</b>
Vitamin C	<b>2%</b>
Calcium	<b>.5%</b>
Iron	<b>11%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

16oz Pint



8oz Half Pint

