

Hawaiian Licks

Frozen Vegan Dessert

Flavor Data Sheet: Pina Colada

Description:

Hawaiian pineapple blended into our creamy coconut base. Goes great with rum!

Ingredients:

Coconut Milk, Fresh Hawaiian pineapple, Organic Cane Sugar, Coconut Cream, Sea Salt

Nutrition Facts	
Serving size	1/2 cup
Amount per serving	
Calories	238
	% Daily Value*
Total Fat 11g	17%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 75mg	3%
Total Carbohydrate 43g	14%
Dietary Fiber 1g	4%
Total Sugars 40g	
Protein 1g	
Vitamin A	0%
Vitamin C	56%
Calcium	0%
Iron	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

16oz Pint



8oz

