

# Hawaiian Licks

Frozen Vegan Dessert

## Flavor Data Sheet: Maple Walnut

### Description:

The flavor of fall - or the waffle house - you choose. Our creamy coconut base with loads of pure, grade A, organic maple syrup and chopped walnuts.

### Ingredients:

Coconut Milk, Organic Maple Syrup, Organic Cane Sugar, Coconut Cream, Walnuts, Vanilla Extract, Sea Salt

Nutrition Facts	
<b>Serving size</b>	1/2 cup
<b>Amount per serving</b>	
<b>Calories</b>	<b>286</b>
	<small>% Daily Value*</small>
<b>Total Fat</b> 14g	<b>22%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0g	<b>0%</b>
<b>Sodium</b> 165mg	<b>7%</b>
<b>Total Carbohydrate</b> 41g	<b>14%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 38g	
<b>Protein</b> 2g	
Vitamin A	<b>0%</b>
Vitamin C	<b>00%</b>
Calcium	<b>1%</b>
Iron	<b>3%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

16oz Pint



8oz Half Pint

