

Hawaiian Licks

Frozen Vegan Dessert

Flavor Data Sheet: Banana In Your Pocket

Description:

Loads of ripe local bananas in our creamy coconut base with a hint of sea salt and something special.

Ingredients:

Coconut Milk, Organic Cane Sugar, Local Apple or Mysore Bananas, Coconut Cream, Lime Juice, Sea Salt

Nutrition Facts	
Serving size	1/2 cup
Amount per serving	243
Calories	% Daily Value*
Total Fat 13g	20%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 117mg	5%
Total Carbohydrate 32g	13%
Dietary Fiber 2g	8%
Total Sugars 24g	
Protein 2g	
Vitamin A	0%
Vitamin C	9%
Calcium	0%
Iron	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

16oz Pint



8oz

